

All Swimmers - Little Stingrays and Regular Stingrays

SWIMATHON 2010

Tues, July 20 @ Ladner Outdoor Pool

The Swimathon is one of our club's major fundraisers and all swimmers are expected to participate. Coaches have said this is a "stop" on the club's goal to get to KAMLOOPS, and we need at least 75% of the club's participation in order for the mileage to count. This event takes place at the Ladner Outdoor Pool, in place of your regular practice. **Please note when your group swims and bring someone to help count laps** (some senior swimmers and Jr. Coaches will be available to help). Parents, please help with set up, pizza/juice distribution, clean up, counting laps and cheering swimmers on!

Each swimmer swims for a maximum of one hour and will swim as many laps as they can. Swimmers who swim 32 laps will be awarded a **Mile Swim Badge** (Bronze for 35-60 min, Silver for 25-35 mins, Gold for less than 25 mins). **Little Stingrays will have a modified goal.**

Swimmers are asked to collect pledges . Swimmers who collect a minimum of \$30 (includes participation fee, pizza and juice) will receive a custom designed **2010 Ladner Stingrays Swimathon Badge**. The grand prize for the highest amount collected is a **Speedo Swim Backpack, embroidered with the Ladner Stingrays logo and your name!!!** There will be other prizes as well. Work together and be the family that collects the most pledges for a Family Prize. **Amounts over \$100/family will go towards fundraising amount.**

Swimathon Schedule

Group 1: 3:50-5 Seahorses and Little Stingrays 1: 3:50-4:30/ Little Stingrays 2: 4:20-5

Group 2: 4:50-6 Starfish, Alligators

Group 3: 5:50-7 Dolphins, Piranhas

Group 4: 6:50-8 Sea Monkeys

Pizza and juice served afterwards for all swimmers who participate.

Parents: Please make ONE cheque to Ladner Stingrays for your entire family BEFORE July 23rd. You can let me know in a note how much has been collected by each swimmer in your family, or I'll just divide it equally for each swimmer. The checks/notes can be left in the **SATO-KLEMM** file at the pool. I don't need the pledge sheets...they're just for you to keep organized. Thanks for your support!